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**Don't Stress, Just Make an App!**

Every day we have to think or remember to do something. Some people write themselves a sticky note and place it in some obvious place where they will readily see it; others write everything down. Sticky notes will start to clutter your life and eventually the streams of paper will get annoying. Do you really feel like going through that hassle tracking the sticky note trail? I didn't think so. Besides, that is so yesterday. Why don't you get software that can hold all of your information and organize it to make life easier? Oh – And I did I mention free software?

This software is called an app. A self-contained program or piece of software designed to fulfill a particular purpose; an application, especially as downloaded by a user to a mobile device. Apps are everywhere! But you have to have a phone that can download apps. You can easily download a free app that has the ability to simplify your life.

The downside is that you may run into minor issues every now and again about the apps causing your phone to freeze or slowly move. All you have to do is talk to customer service and tell them your concerns. Usually mobile devices began to perform poorly when you have too many apps stored on them. You can download as many apps as you want, but do not get carried away.

Apps can sometimes be addictive because of all the fun and great things that it contains. There are apps for everything; fashion, calorie count, fitness, educational, religious, bank information, urgent reminders, and therapy. You name it - there is an app for it.

So don't stress yourself out, just get the app. Technology is too advanced to make the hard work laborious. Enjoy life!

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